

# 75 Ways to Grow as a Disciple of Jesus #GODSWAYINTHEBURG

- \_\_\_ Eucharistic Adoration at SJH Chapel – Hours will be from 7 p.m. Tuesday through 12 noon Friday every week.
- \_\_\_ Read Resisting Happiness by Matthew Kelly (ask Santa for it)
- \_\_\_ Attend First Saturday Devotions and Mass 8:00 a.m. SP chapel; First Friday Devotions at SJH following 12:00 p.m. Mass
- \_\_\_ Monday Movie Night! Pizza 6:15 ; Movie 6:30 – at the Aquinas Center; 2017 to be published on their website
- \_\_\_ Visit an older person and ask them about their faith and why they believe in God (If you are that older person, prepare your answer)
- \_\_\_ Take a day pilgrimage with your family to St. Meinrad Archabbey and the Monte Cassino Shrine
- \_\_\_ “Christian Awakening” Senior Retreat January 12-15 2017 New Albany Deanery Youth Ministry contact the NADYM office
- \_\_\_ “Faith Remix” Freshman retreat January 28-29 2017 contact the NADYM office at 812-923-8355
- \_\_\_ March for Life – Sunday January 22, 2017
- \_\_\_ Mount St. Francis: Couples Retreat February 6, 2017
- \_\_\_ Attend the “One Bread, One Cup” Leadership Formation For info contact Dawn Schepers or Kristina Vogt
- \_\_\_ As spring comes, walk the Meditation Path at SJH and pray the Stations of the Cross as you go
- \_\_\_ Read The Everlasting Man by G.K. Chesterton
- \_\_\_ Mondays at the Mount: Every Monday 10-11 a.m. & 7-8 p.m.
- \_\_\_ Pray for Life with the Cenacles for Life, Tuesdays, 7 p.m. SJH
- \_\_\_ Loyolapress.com has a three minute retreat each day. Pray it each day. (Access this through the St. John Paul II website.)
- \_\_\_ Participate in the rosary before Mass
- \_\_\_ Theology on Tap for young adults; contact the NADYM office at 812-923-8355
- \_\_\_ MOMS – Ministry of Mothers Sharing Spiritual enrichment for women; contact the NADYM office at 812-923-8355
- \_\_\_ Women’s Spiritual Enrichment Group at SJH 3rd Monday of each month Oct, Nov, Jan, Feb, Mar, and Apr 7-9 PM
- \_\_\_ Read a Bible Story to your child and talk about it
- \_\_\_ Read the whole Bible in 2017. See the Bible in a Year Plan in the back of church
- \_\_\_ Start your own Bible study with friends or family. See Delores Snyder for details.
- \_\_\_ Want to know your Spiritual Gifts? Plan to attend the Spiritual Gifts Course which will be offered in our parish in 2017. Dates TBA
- \_\_\_ Second Half of Life Retreat for Women at the Mount 4/7-4/9 2017
- \_\_\_ Download the free app “LAUDATE” and listen to the rosary rather than music while taking your morning walk
- \_\_\_ Set aside 20 minutes a day for prayer and reflection
- \_\_\_ Consider getting a “Spiritual Director” Inquire at Mt. St. Francis, St Meinrad or visit the site [www.sdiworld.org](http://www.sdiworld.org)
- \_\_\_ Attend Daily Mass
- \_\_\_ Women’s Weekend Retreat at the Mount March 31<sup>st</sup>- April 1st, 2017
- \_\_\_ St. Meinrad Retreat – Contemplative Living 3/17-19, 2017
- \_\_\_ Passion Retreat at the Mount 4/7-4/9 2017
- \_\_\_ Join Fr. Tom at the Los Angeles Religious Education Congress February 26-28; some \$500 scholarships may still be available; register by Jan 1; Contact Fr. Tom for more information
- \_\_\_ “Step by Step – Sophomore Retreat ; February 18-19; contact the NADYM office at 812-923-8355
- \_\_\_ St. Meinrad Retreat— Almost Paradise 2/10-2/12 2017
- \_\_\_ St. Meinrad “Pray your way to Happiness” Retreat 8/18-8/20 2017
- \_\_\_ Pray the Stations of the Cross on Friday’s during Lent (check bulletin for locations)
- \_\_\_ Write a note and pray for someone entering the Church at Easter (names will be provided during Lent)
- \_\_\_ Attend Easter Triduum (Holy Thursday, Good Friday, Easter Vigil)
- \_\_\_ Attend the Easter Vigil: Hear the story of our faith; welcome our new Catholics
- \_\_\_ Join a small faith-sharing group – coming to our parish in the Spring of 2017
- \_\_\_ Participate in the “Catechism in a Year” program with Fr. Tom
- \_\_\_ Check out the Spiritual Growth section of the St. John Paul II Parish Website and choose an activity to do
- \_\_\_ Haiti Fall Mission Trip 2017. Contact Fr. Tom for more information
- \_\_\_ Attend any retreat at Fatima Retreat House see <http://www.archindy.org/fatima/calendar/full.html> for list of events
- \_\_\_ Financial Peace University is coming back St. John Paul II; Watch bulletin for 2017 dates.
- \_\_\_ Read or Download Jesus Calling by Sarah Young
- \_\_\_ *Become an Usher at Mass*
- \_\_\_ Grab a “Living Faith” booklet in the back of church and commit to reading it each day
- \_\_\_ Volunteer to work the Food Pantry
- \_\_\_ Rediscover praying the Rosary or the Chaplet of the Divine Mercy
- \_\_\_ Bring up the gifts at Mass
- \_\_\_ *Read the Devotional “Gospel of John” by Kristi Burchfiel*
- \_\_\_ *Volunteer to be a Lector*
- \_\_\_ Women’s Only Weekend Retreat 4/21-4/23 2017 CYO Camp in Brown County. See Bulletin for information
- \_\_\_ Take a read a book from the book rack at either Chapel
- \_\_\_ Join a Spiritual Book Club (email Fr. Tom if interested)
- \_\_\_ Keep a Mass Journal-bring a pen and notebook to Church and write Down thoughts from the music, the readings, or the homily
- \_\_\_ Commit to reading 2 spiritual books this year
- \_\_\_ Attend Marriage Enrichment Day—February 18
- \_\_\_ Do the 3 minute retreat on the website each day
- \_\_\_ Pray with a prayer partner after Mass
- \_\_\_ Join the Rosary fro Healing Prayer group-3rd Sunday of each month At 6:30 p.m. St. Joe Hill Chapel
- \_\_\_ Make a Cursillo—contact Mt. St. Francis for dates
- \_\_\_ Join the Choir-“the one who sings prays twice”
- \_\_\_ Read the weekend Mass readings prior to coming to Mass.
- \_\_\_ Pray the Liturgy of the Hours using the IBreviary App
- \_\_\_ Go to confession (70)
- \_\_\_ Give an afternoon to God—take a walk in the park, stop by a Church to pray
- \_\_\_ Write down your faith story
- \_\_\_ Share it with a friend
- \_\_\_ Practice spontaneous prayer (start out loud in front of the mirror)
- \_\_\_ Watch a faith-based movie and talk about it with your family
- \_\_\_ See reverse side for Apps and Websites

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 Detach this Portion, place it in an envelope, address it, and bring to Mass on December 10/11

Today I/we make this commitment to God: In 2017 I will strive to grow as a disciple of Jesus in the following way(s):

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Signed \_\_\_\_\_ Date \_\_\_\_\_

**Catholic Apps-** Laudate, IPieta, The Holy Rosary, The Pope App, Decision Point, Vatican.va, CSR Rice Bowl, Confession: Roman Catholic App, iBreviary, Bible for Kids, Evangelizo, 3 Minute Retreat

**Catholic Facebook Pages-** St. John Paul II, Catholic News Agency, Roaming Catholics, Mary, Love Being Catholic, Church Pop, Catholic Answers, Catholic Online, Catholic and Proud, The Catholic Company, Catholic Memes, Catholic Faith Catholic Evangelization Team, Patheos Catholic

**Catholic Websites-** reallifecatholic.com, EWTNews, Catholic Online/ catholic.org, Our Sunday Visitor/ www.osv.com, Catholicmom.com, catholicyouthwork.com, newadvent.org, LifeTeen.com, www.catholicity.com, spiritualcatholicity.com, pewsitter.com, Catholic Answers, Catholic.net

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