

75 Ways to Grow as a Disciple of Jesus #GODSWAYINTHEBURG

- ___ Eucharistic Adoration at SJH Chapel – Hours will be from 7 p.m. Tuesday through 12 noon Friday every week.
- ___ Read Resisting Happiness by Matthew Kelly (ask Santa for it)
- ___ Attend First Saturday Devotions and Mass 8:00 a.m. SP chapel; First Friday Devotions at SJH following 12:00 p.m. Mass
- ___ Monday Movie Night! Pizza 6:15 ; Movie 6:30 – at the Aquinas Center; 2017 to be published on their website
- ___ Visit an older person and ask them about their faith and why they believe in God (If you are that older person, prepare your answer)
- ___ Take a day pilgrimage with your family to St. Meinrad Archabbey and the Monte Cassino Shrine
- ___ “Christian Awakening” Senior Retreat January 12-15 2017 New Albany Deanery Youth Ministry contact the NADYM office
- ___ “Faith Remix” Freshman retreat January 28-29 2017 contact the NADYM office at 812-923-8355
- ___ March for Life – Sunday January 22, 2017
- ___ Mount St. Francis: Couples Retreat February 6, 2017
- ___ Attend the “One Bread, One Cup” Leadership Formation For info contact Dawn Schepers or Kristina Vogt
- ___ As spring comes, walk the Meditation Path at SJH and pray the Stations of the Cross as you go
- ___ Read The Everlasting Man by G.K. Chesterton
- ___ Mondays at the Mount: Every Monday 10-11 a.m. & 7-8 p.m.
- ___ Pray for Life with the Cenacles for Life, Tuesdays, 7 p.m. SJH
- ___ Loyolapress.com has a three minute retreat each day. Pray it each day. (Access this through the St. John Paul II website.)
- ___ Participate in the rosary before Mass
- ___ Theology on Tap for young adults; contact the NADYM office at 812-923-8355
- ___ MOMS – Ministry of Mothers Sharing Spiritual enrichment for women; contact the NADYM office at 812-923-8355
- ___ Women’s Spiritual Enrichment Group at SJH 3rd Monday of each month Oct, Nov, Jan, Feb, Mar, and Apr 7-9 PM
- ___ Read a Bible Story to your child and talk about it
- ___ Read the whole Bible in 2017. See the Bible in a Year Plan in the back of church
- ___ Start your own Bible study with friends or family. See Delores Snyder for details.
- ___ Want to know your Spiritual Gifts? Plan to attend the Spiritual Gifts Course which will be offered in our parish in 2017. Dates TBA
- ___ Second Half of Life Retreat for Women at the Mount 4/7-4/9 2017
- ___ Download the free app “LAUDATE” and listen to the rosary rather than music while taking your morning walk
- ___ Set aside 20 minutes a day for prayer and reflection
- ___ Consider getting a “Spiritual Director” Inquire at Mt. St. Francis, St Meinrad or visit the site www.sdiworld.org
- ___ Attend Daily Mass
- ___ Women’s Weekend Retreat at the Mount March 31st- April 1st, 2017
- ___ St. Meinrad Retreat – Contemplative Living 3/17-19, 2017
- ___ Passion Retreat at the Mount 4/7-4/9 2017
- ___ Join Fr. Tom at the Los Angeles Religious Education Congress February 26-28; some \$500 scholarships may still be available; register by Jan 1; Contact Fr. Tom for more information
- ___ “Step by Step – Sophomore Retreat ; February 18-19; contact the NADYM office at 812-923-8355
- ___ St. Meinrad Retreat— Almost Paradise 2/10-2/12 2017
- ___ St. Meinrad “Pray your way to Happiness” Retreat 8/18-8/20 2017
- ___ Pray the Stations of the Cross on Friday’s during Lent (check bulletin for locations)
- ___ Write a note and pray for someone entering the Church at Easter (names will be provided during Lent)
- ___ Attend Easter Triduum (Holy Thursday, Good Friday, Easter Vigil)
- ___ Attend the Easter Vigil: Hear the story of our faith; welcome our new Catholics
- ___ Join a small faith-sharing group – coming to our parish in the Spring of 2017
- ___ Participate in the “Catechism in a Year” program with Fr. Tom
- ___ Check out the Spiritual Growth section of the St. John Paul II Parish Website and choose an activity to do
- ___ Haiti Fall Mission Trip 2017. Contact Fr. Tom for more information
- ___ Attend any retreat at Fatima Retreat House see <http://www.archindy.org/fatima/calendar/full.html> for list of events
- ___ Financial Peace University is coming back St. John Paul II; Watch bulletin for 2017 dates.
- ___ Read or Download Jesus Calling by Sarah Young
- ___ *Become an Usher at Mass*
- ___ Grab a “Living Faith” booklet in the back of church and commit to reading it each day
- ___ Volunteer to work the Food Pantry
- ___ Rediscover praying the Rosary or the Chaplet of the Divine Mercy
- ___ Bring up the gifts at Mass
- ___ *Read the Devotional “Gospel of John” by Kristi Burchfiel*
- ___ *Volunteer to be a Lector*
- ___ Women’s Only Weekend Retreat 4/21-4/23 2017 CYO Camp in Brown County. See Bulletin for information
- ___ Take a read a book from the book rack at either Chapel
- ___ Join a Spiritual Book Club (email Fr. Tom if interested)
- ___ Keep a Mass Journal-bring a pen and notebook to Church and write Down thoughts from the music, the readings, or the homily
- ___ Commit to reading 2 spiritual books this year
- ___ Attend Marriage Enrichment Day—February 18
- ___ Do the 3 minute retreat on the website each day
- ___ Pray with a prayer partner after Mass
- ___ Join the Rosary fro Healing Prayer group-3rd Sunday of each month At 6:30 p.m. St. Joe Hill Chapel
- ___ Make a Cursillo—contact Mt. St. Francis for dates
- ___ Join the Choir-“the one who sings prays twice”
- ___ Read the weekend Mass readings prior to coming to Mass.
- ___ Pray the Liturgy of the Hours using the IBreviary App
- ___ Go to confession (70)
- ___ Give an afternoon to God—take a walk in the park, stop by a Church to pray
- ___ Write down your faith story
- ___ Share it with a friend
- ___ Practice spontaneous prayer (start out loud in front of the mirror)
- ___ Watch a faith-based movie and talk about it with your family
- ___ See reverse side for Apps and Websites

 Detach this Portion, place it in an envelope, address it, and bring to Mass on December 10/11

Today I/we make this commitment to God: In 2017 I will strive to grow as a disciple of Jesus in the following way(s):

Signed _____ Date _____

Catholic Apps- Laudate, IPieta, The Holy Rosary, The Pope App, Decision Point, Vatican.va, CSR Rice Bowl, Confession: Roman Catholic App, iBreviary, Bible for Kids, Evangelizo, 3 Minute Retreat

Catholic Facebook Pages- St. John Paul II, Catholic News Agency, Roaming Catholics, Mary, Love Being Catholic, Church Pop, Catholic Answers, Catholic Online, Catholic and Proud, The Catholic Company, Catholic Memes, Catholic Faith Catholic Evangelization Team, Patheos Catholic

Catholic Websites- reallifecatholic.com, EWTNews, Catholic Online/ catholic.org, Our Sunday Visitor/ www.osv.com, Catholicmom.com, catholicyouthwork.com, newadvent.org, LifeTeen.com, www.catholicity.com, spiritualcatholicity.com, pewsitter.com, Catholic Answers, Catholic.net

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